

Royal College of Science Union

Minutes of the 2nd meeting of the Welfare Board

Held at 18:00 on 23rd of January 2018 at the RCSU Office

PRESENT:

- Shervin Sabeghi– RCSU Welfare Officer (SS)
- Michael Edwards– RCSU President (ME)
- Becky Neil– RCSU Vice President Operations (BN)
- Felix Thomson – Chemistry Wellbeing Dep Rep (FT)
- Tiah Cudjoe-Cole – Biochemistry Wellbeing Dep Rep (TC)

APOLOGIES:

- Natasha Boyd– Biology Wellbeing Dep Rep (NB)
- Chenyu Lin- Maths Wellbeing Dep Rep (CL)

Meeting opened at 18:05.

A. Welfare Week

Held 26th February – 2nd March. Monday-Friday. University mental health day.

Suggestions:

- Stalls every day?
- Healthy Eating- Quick meals, cooking classes
- Grant specifically for: smoothie bikes, bike servicing
- Guest speakers
- Mental health day on 1st February→ university mental health day
- Caroline Croaker (name spelt wrong soz)→ Mental health first aid trainer
- Coordinate with Anita Hall
- Scientists of Imperial
- KinkSoc, FemSoc

Mental health, Healthy eating, physical health, relationship/sex stuff

Potential to change to following week or week later than that if needs delaying.

Minutes

Operations Board (What Meeting)

Actions

Look into healthy eating ideas TC

SS to speak to RSM welfare officer

FT speak to IQ president

TC/FT/CL/NB speak to academic reps about ideas

SS create a google doc to add ideas to.

Next meeting 2 weeks BN

Meeting closed at 18:30.